



## Earth Day Tips of the Day

### *Ways to Recycle More*

There are many things you can do to easily recycle materials you may have been throwing away:

- Many recycling programs don't accept paper cups because of the waxy lining, but the cardboard sleeve can still be recycled.
- Plastic bag and film recycling doesn't only mean grocery bags. Recycle your dry cleaning, newspaper, & bread bags and also the plastic film on products like paper towels. Many grocery stores are a drop off point for these items.
- Don't forget the cap — plastic bottle caps are usually recyclable along with the bottle! Check with your local solid waste & recycling office to be sure, but many recycling programs accept bottle caps, made from #5 and #2 plastics.
- Stop it before it starts — reduce your unwanted mail by unsubscribing via [CatalogChoice.org](http://CatalogChoice.org).
- Phone it in – charitable organizations like Cell Phones for Soldiers offer free recycling. Any proceeds are used to purchase prepaid international calling cards for troops and provide emergency financial assistance to veterans. Visit <http://www.cellphonesforsoldiers.com/shippinglabel-generic.php> for donation information.
- Everything counts! Although you can't recycle your whole pizza box, you can tear off and recycle the top half, as long as it's grease-free. Learn what your community recycling program accepts — from cereal and tissue boxes to magazines and mail -- many things we overlook can be recycled.
- Remember to recycle throughout the house! Plastic shampoo bottles and toilet paper rolls can usually be recycled, too.
- Recycling — it's not just for soda cans! Metals are among the most valuable materials in the waste stream and almost all recyclers welcome aluminum and steel.
- What you don't put in your recycling bin is just as important as what you do. Know what's recyclable in your community so you don't contaminate the recycling process. Check with your local recycling and solid waste office for details on your community recycling program, and look up nearby drop-off facilities at [AmericaRecyclesDay.org/find-recycling](http://AmericaRecyclesDay.org/find-recycling) where you can bring those harder-to-recycle items.
- Buy recycled! Recycling is the first step in the cycle, then the material is processed, and the last step is up to you — keep recycled content products in demand.